



**GET YOUR LIFE BACK.**





# TruDenta Pain Relief

## Life Changing Dentistry

Headache disorders impose a recognizable burden on sufferers including sometimes substantial personal suffering, impaired quality of life and financial cost. Repeated headache attacks, along with the constant fear of the next one, damage family life, social life and employment. The long-term effort of coping with a chronic headache disorder may also predispose the individual to other illnesses. For example, depression is three times more common in people with migraine or severe headaches, than in healthy individuals.

Before TruDenta, dentists were trained to fix your teeth, straighten your teeth, whiten your teeth and even replace your teeth. However, dentists were not trained or equipped to diagnose and treat symptoms caused by the complex forces that operate and control your head, mouth, jaw and teeth. With TruDenta, dentists are able to quickly examine your bite and range of motion. They can also show you the source of pain.

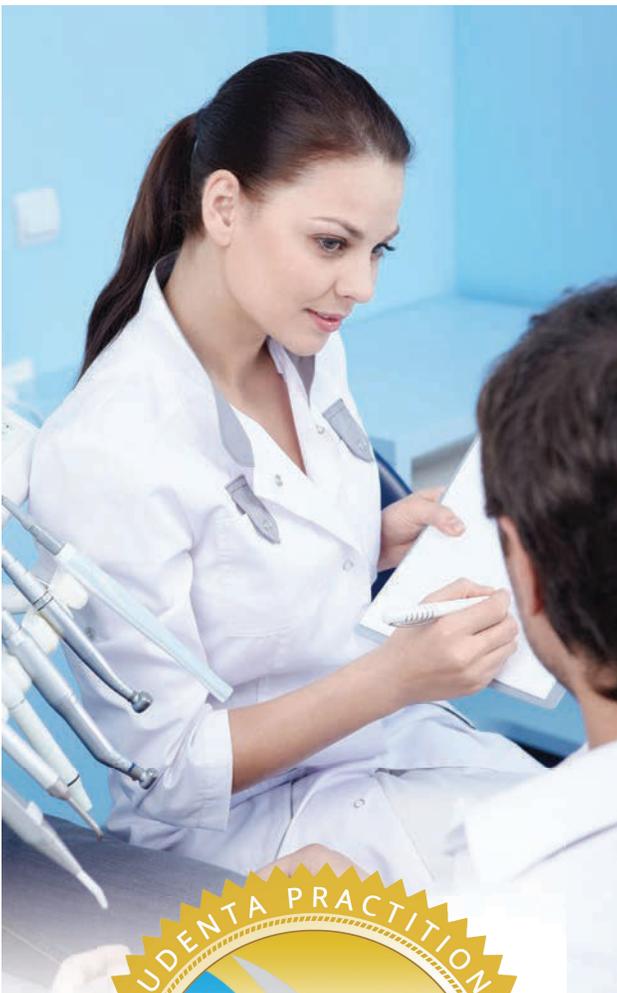
Chronic headaches, migraines, TMJ/D, tinnitus and other pains of the head, neck, face and jaw could be caused by improper or unbalanced dental forces. A painless examination by a TruDenta dentist can quickly determine if your symptoms can be resolved by TruDenta.

TruDenta treatments are painless, pleasant and require no drugs or needles. Utilizing systems and methods perfected in sports medicine, your TruDenta dentist may be able to rapidly and painlessly resolve issues from which many patients have been suffering for years.

## The TruDenta Process

The head and mouth are home to a myriad of nerves, muscles, tendons, ligaments, joints and bones which affect not only your teeth, but your overall health and well-being. When not properly balanced, the forces created by these elements can result in symptoms including chronic headaches and migraines, temporomandibular joint (TMJ) pain, neck and jaw pain, earaches, tinnitus (ringing in the ears) and sleep apnea among other symptoms.

TruDenta dentists are uniquely trained and equipped with state-of-the-art technology to quickly examine and diagnose dental force abnormalities. This allows them to identify issues, often overlooked for years by other practitioners, that lead to painful symptoms. By the end of the first exam, your TruDenta dentists will have enough information to create a specific treatment plan that can provide lasting relief to often long-suffering patients.



*If you are plagued by any of these issues, call TruDenta at 855-878-3368 to locate the TruDenta practitioner nearest you.*

*Your TruDenta dentist will schedule a 15-minute screening appointment to find out what TruDenta can do to restore your quality of life.*

Hundreds of dental practices are helping thousands of patients across the U.S. with dramatic success, thanks to the TruDenta diagnostic and treatment system. Some dentists have even opened a special headache center to focus exclusively on treating patients with chronic headaches, migraines, TMJ disorder and other dental force related problems.

## The Symptoms

Your TruDenta dentist can quickly and painlessly examine you, provide a diagnosis and actually show you the potential reasons for your painful symptoms, which often include:

**Headaches and Migraines:** Countless numbers of people suffer from headaches on a weekly or even daily basis. For many years, common headache treatments have overlooked the role that the mouth, jaws and bite alignment can play in triggering this type of pain. Malocclusion, or the misalignment of teeth, is a prominent contributor to headaches. When biting or chewing, the teeth exert tremendous pressure on their opposing counterparts. If the bite pattern is disturbed even slightly, this pressure can result in radiant pain throughout the head.

**TMJ Disorder:** This painful condition, known as TMJ/D, results from excessive wear or damage to the temporomandibular joint, the “hinge” of the jaw. TMJ/D can lead to a number of issues relating to the teeth and jaws. Bruxism, or grinding and



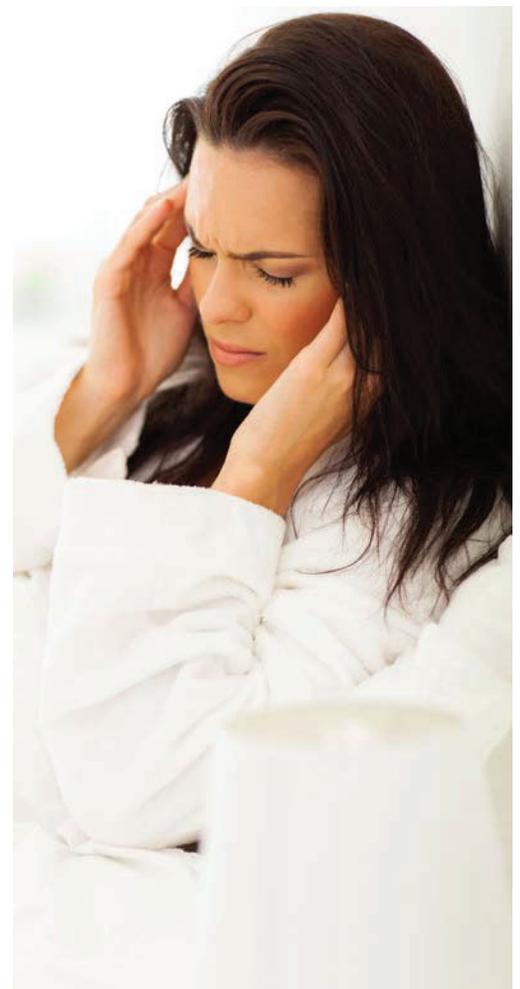


clenching of teeth, is one of the most common issues that is present in cases of TMJ/D. Bruxism not only puts undue stress on the teeth and jaws, it can cause pain throughout the entire neck. By analyzing your bite pattern, your TruDenta dentist can identify your TMJ/D and bruxism and prescribe a plan to correct both.

**Earaches:** If you have suffered from recurrent earaches that do not subside with antibiotics, it is quite likely that your earache is related to undiagnosed dental force issues. TMJ/D and misaligned teeth, especially those in the back of the mouth in close proximity to the ear, can radiate pain throughout the area, which the body can misinterpret as an earache.

**Tinnitus:** Tinnitus is commonly described as “ringing in the ears” though many patients also experience a clicking or popping sound. These issues are very indicative of TMJ/D. Some of the nerves in the jaw area overlap with nerves responsible for hearing. When these nerves are overwhelmed by muscle pain from TMJ/D, they can interfere with hearing and result in tinnitus. Also, when the jaw is misaligned, bones can interact improperly and create the sensation that they are catching, or clicking.

**Additional Symptoms:** Additional symptoms of imbalanced dental forces can include muscle tension, sensitive teeth due to overloaded forces, broken teeth or dental work, uneven tooth wear and cracking, limited range of head/neck motion, reduced mouth opening range, accelerated bone loss in periodontal disease, and vertigo. TruDenta dentists have immense expertise in the anatomy of the neck, head, and



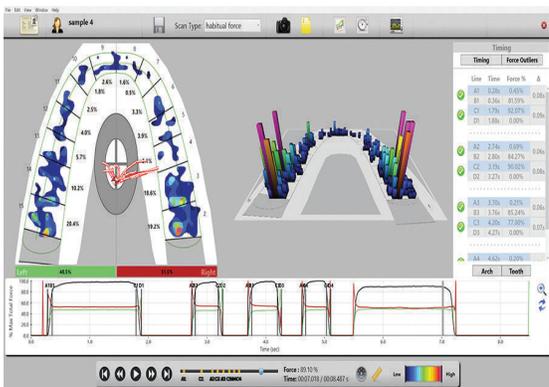
mouth. Whereas prescription headache medications simply address the pain itself, TruDenta strives to identify and correct the underlying causes. In the vast majority of cases, these causes are related to craniofacial and dental issues. TruDenta provides a thorough snapshot of all of the physical functions of the head, neck and mouth, providing for an incredibly clear and concise diagnosis of your pain symptoms.

## The TruDenta Examinaton

In less than five minutes, your TruDenta dentist will perform a comprehensive examination of the forces and range of motion in the head, neck, mouth, jaws and teeth, utilizing proprietary and patented TruDenta diagnostic technologies

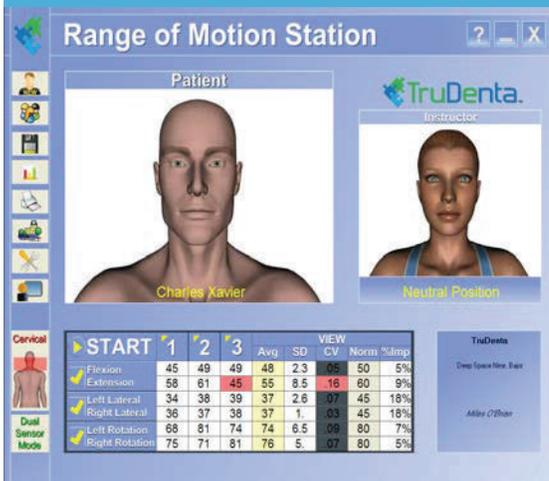
**Bite Force Analysis:** This digital exam literally shows a movie of the bite force in action, revealing abnormal forces or imbalances in the nerves, muscles and ligaments that could

be the cause of symptoms. The technology is so advanced that it actually determines and calculates the bite force and motion on a tooth-by-tooth basis. (The only bite force measurement tool most dentists possess is the black paper their patients bite down on when a filling or crown is being seated).



Digital Bite Force Analysis measures the forces exerted on each tooth

**Range of Motion Analysis:** TruDenta ROM technology digitally measures the lateral and vertical motions of your head and neck and compares them to normal range of motion. This computerized analysis provides an immediate report of any movement impairment, which may also indicate potential sources of pain or discomfort. Your TruDenta dentist is then able to craft a customized treatment plan designed to alleviate your unique symptoms..



Cervical Range of Motion Analysis measures motion impairment



Ultrasound



Cold Laser & Microcurrent



Trigger Point Manipulation

## The TruDenta Treatment

Once your symptoms have been diagnosed, your specific treatment can begin immediately. Many patients are amazed at the relief they feel after their very first appointment. Therapy sessions last about 50 minutes and include the use of several FDA-cleared technologies.

Treatment is painless and non-invasive — no needles or drugs are involved. Depending upon the severity of the diagnosis, patients require from one to twelve treatments, completed weekly. This means that a patient with even the most severe symptoms can achieve lasting relief in just three months.

The TruDenta process and technology is a groundbreaking advancement in the treatment of headaches, migraines, TMJ/D and many other painful dysfunctions of the head and neck.

# *Isn't it time to live pain free?*

Call today to locate a TruDenta practitioner near you and receive your 15-minute screening to find out if TruDenta is right for you. Amazing pain relief could start with the very first treatment!

## Call (855) 878-3368

