

TMJ & Jaw Pain

INFORMATIONAL EBOOK



Chronic Jaw Pain?

Tired of jaw, face, or neck pain?

Chronic pain can be difficult to manage, and has a wide-reaching effect on your quality of life.

Are you struggling with chronic pain?

Pain medication used in moderation can often help with jaw pain and other TMJ related symptoms, but it doesn't treat the underlying causes. If you feel like you have tried everything to treat your pain without success, we can help.



There's Always Hope

Do you feel like you have tried everything?

Good news – the hidden cause of your pain might lie in a surprising place.

It could all be because of your jaw joint.

The temporomandibular joint (TMJ) is the complex and delicate joint of the human jaw, and its ligaments and nerves run throughout the face, head, and neck.

Misalignment of the TMJ can cause chronic pain.

This misalignment could be causing your pain, and our trained TruDenta specialists can diagnose and fix it using gentle and proven diagnostics and therapies.



Expertise & Compassion

Cutting-Edge Diagnostics.

Your TruDenta practitioner will use our state-of-the-art dental technology to measure the forces exerted by your jaw as well as underlying muscle tension and range of motion.

Gentle Therapy.

Trigger-point therapy, ultrasound, and electrocurrent pain relief work together to reduce pain and gently correct the mouth and jaw imbalances that are causing your pain.



Get Your Life Back

Tell us your story.

Call TruDenta at [855-878-3368](tel:855-878-3368) for a free phone consultation. We will put you in touch with a pain specialist in your area. Join our community of former headache and TMJ sufferers.