# Why Do I Have Tinnitus? INFORMATIONAL EBOOK

# **Confused About Tinnitus?**

**Roaring, ringing, or buzzing in the ears** – it's more than just an annoyance. Tinnitus affects an estimated 1 in 8 Americans, and significantly reduces quality of life

Some tinnitus is NOT a symptom of hearing damage. Tinnitus often affects the elderly or those exposed to long periods of loud noise, but what about when there isn't such a clear cause?



# There's Always Hope

Do you feel like you have tinnitus for no reason?

Good news - there might not be anything wrong with your ears.

## It could be your jaw's fault.

The temporomandibular joint (TMJ) is the complex and delicate joint of the human jaw, and it has ligaments that are directly connected to the ear and nerves that are linked to the brain's hearing centers.

## Misalignment of the TMJ can cause tinnitus.

And our trained TruDenta specialists can diagnose and fix it, using gentle and proven diagnostics and therapies.



# **Expertise & Compassion**

# **Cutting-Edge Diagnostics**

Your TruDenta dentist will use our state-of-the-art dental technology to measure the forces exerted by your jaw as well as muscle tension and range of motion.

## **Gentle Therapy**

Trigger-point therapy, ultrasound, and electrocurrent pain relief work together to reduce pain and gently correct the mouth and jaw imbalances that are causing your symptoms.



# Get Your Life Back

### Tell us your story.

Call TruDenta at **855-878-3368** for a free phone consultation. We will put you in touch with a tinnitus specialist in your area. Join our community of former tinnitus and TMJ sufferers.

