

Why Are Chronic Migraines so Difficult to Diagnose?



ABOUT US

TRUDENTA® IS A COMPREHENSIVE SYSTEM OF DIAGNOSTIC & TREATMENT METHODOLOGY FOR CHRONIC MIGRAINE OR HEADACHE SUFFERERS.

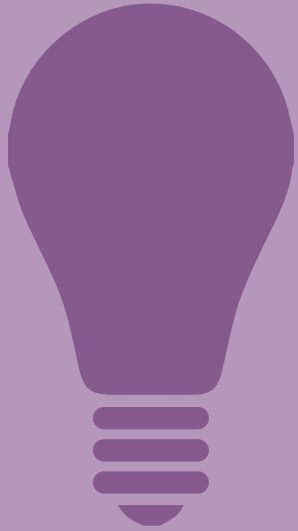
The TruDenta® system enables a trained doctor experienced in working with the nerves and muscles of the neck, jaw, and head to:



Accurately scan for the subtle signs of imbalances that can result in chronic head pain



Create a personalized drug-free treatment plan to relieve pain and rehabilitate damaged areas



About 14 million American adults suffer from chronic migraines.

Despite the frequency of chronic migraines, the disorder is difficult to diagnose.

50%

The National Headache Foundation estimates that fewer than half of all those who suffer from migraines, either chronic or occasional, receive this diagnosis. As a result, many do not get the care they need.

WHY ARE CHRONIC MIGRAINES SO DIFFICULT TO DIAGNOSE?

Diagnosing Migraines

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One problem in diagnosing migraines is that a headache is often a symptom of another problem. High blood pressure, for example, can sometimes cause headaches.

A frequently overlooked contributing factor is muscle tension in the neck and jaw, which can lead to chronic head pain that doesn't respond to typical migraine medication.

A diagnosis also requires a detailed headache history, including:

- HEADACHE FREQUENCY AND DURATION
- PAIN SEVERITY

- ACCOMPANYING SYMPTOMS
- EFFECT ON EVERYDAY ACTIVITIES

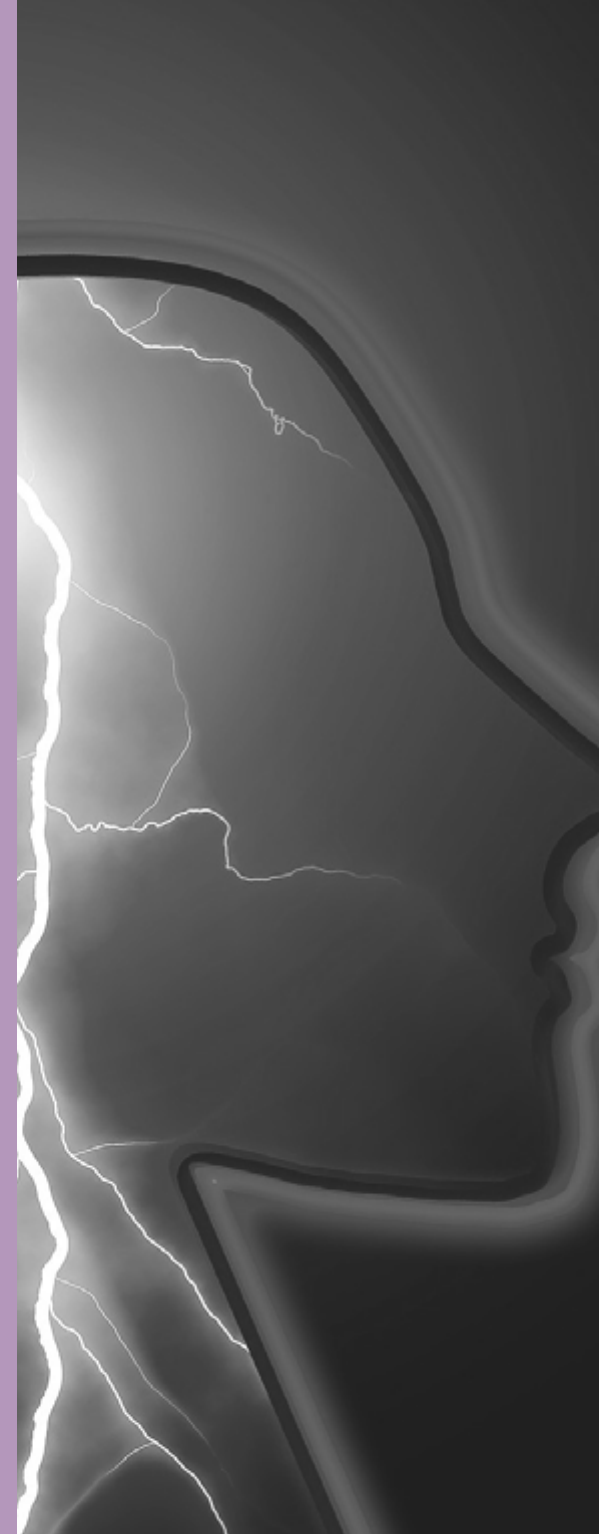
- FAMILY HISTORY
- TREATMENT ATTEMPTS AND RESULTS

- EVENTS SURROUNDING HEADACHE DEVELOPMENT

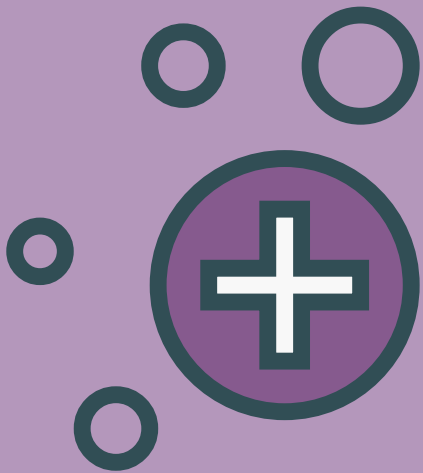
WHY ARE CHRONIC MIGRAINES SO DIFFICULT TO DIAGNOSE?

Wide- Ranging Symptoms

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Another problem with diagnosing migraines is the wide range of potential accompanying symptoms.



Some people, for example, may describe their headache pain as vise-like band circling the head, while others feel a throbbing pain on one side of their head.

Symptoms can also vary from one migraine event to the next in the same person. Other typical symptoms are:

NAUSEA OR VOMITING

**VISUAL IMPAIRMENT
OR AURAS**

**SENSITIVITY TO LIGHT
OR SOUND**

**PAIN THAT PULSATES OR
THROBS**

WHY ARE CHRONIC MIGRAINES SO DIFFICULT TO DIAGNOSE?

Chronic Versus Occasional



Chronic migraines are the most debilitating of all headaches. Studies have shown that those with chronic migraines have:

**HIGHER RATES OF
DEPRESSION, ANXIETY
AND FATIGUE THAN
PEOPLE WHO HAVE LESS
FREQUENT HEADACHES**

**LOWER QUALITY OF
LIFE**

**REDUCED ABILITY TO
WORK OUTSIDE THE
HOME**

**HIGHER RATES OF
HEART DISEASE AND
STROKE**

A correct diagnosis is not only essential for treating the migraines but also for treating or preventing these other associated conditions.

WHY ARE CHRONIC MIGRAINES SO DIFFICULT TO DIAGNOSE?

Finding Help

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For chronic migraine sufferers who fit any of the following, it is recommended that they consult with a doctor.

**SUFFERING FROM
INCREASED
HEADACHE
FREQUENCY OR
INTENSITY**

**NOT GETTING RELIEF
FROM CURRENT
TREATMENT**

**FINDING HEADACHES
INTERFERE WITH
DAILY ACTIVITIES**

Even under the care of a headache doctor, many chronic migraine sufferers still experience frequent symptoms.

TruDenta's system of diagnosis and treatment exists to help these patients by testing for imbalances in the musculoskeletal system of the head, neck, and jaw.

TruDenta certified practitioners are available at over 300 locations across the United States



Migraine resources

Want more free headache tips and tricks?

VISIT THE SITE



Any questions for our doctors, or interested in scheduling an appointment?

FIND A DOCTOR

